BRANCH REPORT

QC58 | Montreal

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<https://www.facebook.com/retraitesfederauxmtl/>

Upcoming events

Christmas Lunch

**Tuesday, December 6, 2022**

Complete and return the reply-coupon on page 4 of this Branch Report.

**Registration before Nov. 22, 2022**

Virtual Conference

2022-09-27: Rights of residents in RPA

**Keep an eye on your e-mails and our website**.

# President’s message

Dear members,

This is the first time that I am addressing you as the president of the Board of Directors of the Montreal Branch of Federal Retirees. I accepted this position because I believe in our organization and its ability to defend our predecessors’ hard-won achievements, such as protecting and indexing our defined-benefit pensions. We also defend the right of seniors to age with dignity with care adapted to individual needs.

Your directors have met several times in the last few weeks to establish various work groups and to discuss our major objectives for the coming year. One of our priorities is recruiting new members. We will outline what actions we plan to take on this file in the coming months.

I cannot ignore the impact that the pandemic has had on our activities. We have had to hold virtual meetings for almost two years. We have used this new meeting technology for most of our activities for you. Although we returned to a level of normalcy with the Christmas dinner and the in-person annual meeting, we will continue using the virtual platform for some activities.

The issue preoccupying everyone these days is inflation, which has recently risen to levels that we have not seen for many years. Without speculating on the causes, we can see its negative effects on our purchasing power.

The indexation of our pensions, acquired through the previous efforts of Federal Retirees, has become a valuable asset.

**(Following on page 2)**



A study of the rate of inflation and the indexation of our pensions, conducted by our national office in November 2021, concluded that over the last decade indexation has preserved our purchasing power. The study is available on the Federal Retirees website.

**Pierre Bilodeau, president**

What we are going through has not diminished the enthusiasm of our Montreal team and we want more than ever to respond to the needs of our members. We are very interested in learning about your questions and needs.

In conclusion, if you would like to join our team of volunteers, I invite you to contact our office staff. We also urge you to discuss our organization with your former colleagues and invite them to join the National Association of Federal Retirees. The more of us there are, the more impact we will have on future decisions.

I look forward to meeting you at future in-person activities.

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# CHRISTMAS LUNCH

# Tuesday, December 6, 2022

You are all invited **to a festive lunch to be held on December 6, 2022,** at noon. We suggest that you arrive close to 11:30 A.M. in order that we can all start at noon. The lunch will take place at the **Hôtel Universel de Montréal** in the reception hall **« Sherbrooke/Viau** » located at 5000 rue Sherbrooke Est, in Montreal [www.](http://www.)hoteluniverselmontreal.com ( 3 minutes on foot to the Metro Station Viau/Sherbrooke *)*. A large parking lot is available at the rear. Please note that there will be a draw for prizes and a duo of singers will perform for this special event.

Please note that **your meal-coupon with your table number** will be given to you on the site, so if you wish to be seated with family or friends, please give us the full name of the people on the reply-coupon on page 4 and return it to us before **November 22, 2022**. The tables will sit eight (8) people. The price is **$45 per person** for the members and their spouses who are members**.** Take the opportunity to invite a retired colleague or a future retiree and invite him to join Federal Retirees. ***We have a maximum amount of capacity of 200,******so first come, first served (See reply-coupon on page 4 of this Branch Report)***

**Menu: Christmas Lunch**

**Cocktail:** Hot & cold appetizers and a non-alcohol punch

**Soup:** Cream of sweet potatoes & leek **Pasta:** Tomato sauce bow-tie pasta **Salad:** Fresh Garden

**Main Course:** Pork tenderloin stuffed with mushrooms and prosciutto. Vegetables & potatoes.

**Dessert**: The Chef’s dessert **Beverages:** coffee, tea, water, and soft drinks

**Fish dish:**  Grilled salmon with lemon sauce (**with coupon**)

***Tow bottles of wine will be served per table of 8 people.***

***Please note that the Christmas dinner remains conditional on public health rules and that it could be canceled at any time!***

# CONFERENCES

Last spring, we have organized three (3) virtual conferences concerning the Medoc Travel Insurance, your finances in complete safety and illegal commercial practices. You were also invited by the Outaouais Branch to participate in various other conferences. In conclusion, you told us that you enjoyed it very much and that you want to continue to participate to these virtual conferences in the comfort of your home, so keep a close eye on your e-mails, because other virtual conferences will be offered free of charge like one concerning the rights of residents in RPA (private residences for seniors) which will be presented by Me Hélène Guay on September 27, 2022. To register, keep a close eye on your e-mails or visit our website at [www.anrfmontreal.ca](http://www.anrfmontreal.ca) . In addition, we have taken your comments into account during our various surveys, and you will be invited to participate in other types of activities, whether cultural, artistic, or simply training sessions.

# NOMINATION

Last spring, a call for candidacy for an administrator was sent to you to fill three positions that became vacant in April 2022. We were pleased to welcome three new members within our team of volunteers, and we thank them. However, we always need more people, so if you wish to commit yourself, we are waiting to hear from you. This would be a great opportunity to help make a difference by joining the Montreal Branch’s board of directors. To submit your application, please send us an email to [info@anrfmontreal.ca](mailto:info@anrfmontreal.ca) with a summary of your work and volunteer experiences. We thank you in advance for your interest in this appeal.

**Angela Giacomo**,

Responsible for the **Activities** and the **Nomination** Committees

# ADVOCACY

Federal Retirees set up a nationwide network of volunteers to advance our mission – to significantly improve the quality and security of retirement for our members and all Canadians.

We also encourage you to call us at the Montreal Branch when you have a question or have a problem with your health care plan, the pension office, one of our partners or any other subjects. We will provide you with the necessary support to solve the problem to the best of our ability. Talk to one of our members who could not get satisfaction following a request to the pension office. It was through our Policy and Advocacy Officer at the National Office that she was finally able to solve her problem.

# RECRUITMENT/RETENTION

I have just been appointed head of the recruitment and retention committee and I am very motivated with the team of volunteers to resume activities to not only increase the number of members in our Branch, but also to ask you, dear members, what activities you would like your section to organize for you. I am a fan of golfing, and I am tempted to suggest a golf tournament, so what do you say about it? Take a few minutes to make suggestions by going on our website at [www.anrfmontreal.ca](http://www.anrfmontreal.ca) to the “NEWS” tab, you will find the link to make your suggestions. If you don’t have internet, no problem, just write your suggestions on the reply-coupon on page 4 of this Branch Report. **WE ARE HERE FOR YOU AND WITH YOU.**

**Michel Racine,**

Responsible for the **Advocacy** and the **Retention and Recruitment** Committees

# Christmas Lunch – Reply-Coupon - December 6, 2022

Please forward your **coupon** and **your cheque** at the latest **November 22, 2022,** to the following address: 1940 Henri-Bourassa East, Suite 300, Montreal, Quebec H2B 1S1.***If you wish to pay with your credit card, please go on our website through our “Events registration” and follow the instructions or call the office at 514-381-8824.***

***Please note that postdated cheques after November 22,2022 will be refused and no refund will be given after this date. Thank you for your understanding.***

**Name of member: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Membership number: \_\_\_\_\_\_\_\_\_\_**

**Name of spouse: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Member: YES  NO**

**Enclosed my cheque: 45$  (1 member) or 90$  (2 members)**

**45$  (1 potential member)**

**If you prefer fish for your meal, please check hereafter: 1 person \_\_\_\_or 2** **people \_\_\_\_**

***If you have any allergies, it is important to let us know.***

**Telephone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Complete below if you want to be at the same table as:**

Name of the members Membership number Fish meal

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5.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_

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# REPLY-COUPON FOR YOUR ACTIVITY SUGESSTIONS (add a page if necessary)

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