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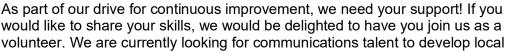
# **BRANCH REPORT**

## QC58 | Montreal

## President's message

Dear Members,

Our Board of Directors' unwavering dedication to improving our service offering is something I'm proud to witness. Thanks to their efforts, we organise relevant conferences, establish beneficial partnerships, maintain active collaboration with other branches in Quebec and maintain regular communications to stay connected with you.





strategies, write content or research dissemination best practices for an organisation like ours. In addition, if you have worked in health care or seniors' services, you could be a valuable asset to our campaigns to promote the priority issues of federal retirees.

You are also cordially invited to attend our upcoming Annual General Meeting, to be held at the St.Pierre Center in Montreal on 8 April 2025. This event is a unique opportunity to participate in the democratic life of our branch and to help advance our mission. Your presence and input are crucial in guiding our actions and strengthening the relevance of our role for federal retirees.

By working together, we can continue to create a dynamic and influential community where everyone's opinion matters. Thank you for your commitment and continued support. I look forward to seeing many of you at our meeting and working with you to meet the challenges ahead.

All the best.

## **Jacques Lambert**

Président, Montreal Branch

## **Our Conferences / Activities**

WHETHER IN PERSON OR VIRTUAL MODE, THERE IS SOMETHING FOR EVERYONE!

#### Upcoming conferences and activities:

- March 11, 2025 Abuse and Fraud targeting the elderly
- March 27, 2025 Luncheon at Constantin Sugar shack at \$32.50 (member and prospective member) In partnership with the NFB
- May 14, 2025 La traversée (Conference on caregiving) In partnership with the NFB



SPRING 2025 PRESENTED BY



#### **CONTACT US**

1940 Henri-Bourassa Blvd. East , Office 300 Montreal (Quebec) H2B 1S1 (514)381-8824

#### **Email address:**

info@anrfmontreal.ca website:

www.anrfmontreal.ca
Facebook:

https://www.facebook.co m/retraitesfederauxmtl/

#### **UPCOMING EVENTS**

Annual General
Meeting (AGM) April 8,

2025:Registration on Website or complete and return the reply-coupon page 4. Registration before March. 26, 2025

#### Conferences

Please keep an eye on your Email. We plan several conferences/ activities during 2025-2026 Keep an eye on your emails, our website (<a href="www.anrfmontreal.ca">www.anrfmontreal.ca</a>) and our Facebook (<a href="https://www.facebook.com/retraitesfederauxmtl/">https://www.facebook.com/retraitesfederauxmtl/</a>) for more details. Several other conference topics are in the works, always free of charge for you, our members. We will also be holding conferences at the Royal Versailles located in front of the Radisson metro station. In addition, we collaborate with the other Quebec branches to share access to the various conferences.

We look forward to meeting you or welcoming you back, whether in person or virtually!

We are organizing these conferences with you in mind, so, please do not hesitate to suggest topics of interest to you.

### Angela Giacomo and Pierrette Gourde

## Advocacy / Reach 338

Meeting with MPs, which is one of the goals of advocacy, began in February 2024 and continued through November 2024, during which time we emailed invitations to 44 MPs on 19 November 2024, given the current potential electoral context.

On 5 December, a meeting was held with the Bloc Québécois MP for Blainville, Louise Chabot. You should know that we are apolitical. The 3 priorities were therefore presented, such as the importance of maintaining secure and viable pension plans, strengthening the national strategy including housing and home care, and access to prescription drugs.

We will continue our meetings with members of Parliament. We are planning an upcoming meeting with Emmanuel Dubourg, for discussions related to veterans, who represent a large proportion of our members.

On 27 November 2024, we also asked our National President, Roy Goodall, to write to Prime Minister Justin Trudeau regarding the issuance of the \$250.00

cheques, which must include seniors and pensioners.

We are following closely the announcement by Finance Minister Anand on 25 November to transfer \$1.9 billion from the pension surplus to a consolidated fund.

We will continue to act as your advocate to optimise your representation.

## Sylvie d'Alcantara

BANNIÈRE DE PARTENAIRE



SPRING 2025 PRESENTED BY



## Volunteering, Recruitment, Member retention and Recognition

A position on our Board of Directors will become vacant in April. We are therefore in the process of recruiting a member interested in joining us. Are you interested?

As you know, our organisation is based on the volunteerism of members who are willing to become more involved in the advancement of our cause. To this end, our Montreal Branch has established committees to consider and take action to support the progress of federal retirees. Our board members share the various responsibilities of our committees.

For more information about becoming a board member, please visit the Volunteer Opportunities section of our website.

We are always looking for new volunteers to join our association. Please let us know if you are interested in joining our dynamic team by sending an email to <a href="mailto:info@anrfmontreal.ca">info@anrfmontreal.ca</a> with a summary of your work and volunteering experience. Thank you in advance for responding to our call.

#### Micheline Jolicoeur

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## Moving / New Email Address?

In order to continue to receive your SAGE magazine and stay informed of all news from your chapter, its activities and partnerships, please notify us of your change of address and/or email address by contacting us at 514-381-8824 or by email at <a href="mailto:info@anrfmontreal.ca">info@anrfmontreal.ca</a>. We want to keep you with us: if you move to another region, it is possible to stay with your Montreal Branch, just let us know when you inform us of your change of address.

## Annual General Meeting – Tuesday, April 8th, 2025 – HYBRID MODE

## Location: St.Pierre Center, 1212 Panet Street, Montreal, H2L 2Y7, Room Marcel-Pepin

The Board of Directors of Federal Retirees Montreal is calling all members to the next Annual General Meeting to be held on Tuesday, April 8, 2025 at 10 a.m. at the St.Pierre Center, Room Marcel-Pepin. Several important topics are on the agenda, such as: Financial statements for the year 2024, the budget estimates for the year 2025. Not to mention the elections to fill position on the Board of Directors. We look forward to seeing many of you for the board elections and to exchange with you. This year, we're offering you the opportunity to take part in person or virtually using the Zoom application.

Do you know any federal public service employees who have not yet joined our association? Whether they are retirees or soon-to-be retirees, they are welcome to attend our AGM. Invite them to attend and hopefully they'll join our association!

Registered participants will receive the documentation by email in advance. Please note that paper copies will also be available for those who do not have an email address. For further information, please do not hesitate to contact our administrative assistants, France or Yvonne at 514-381-8824.

We ask that you arrive at **9:45 a.m.** so that we can begin at 10 a.m.

#### Members of the Board of Directors





## AGM – TUESDAY, APRIL 8, 2025 at 10 a.m. (in person or in virtual)

\*AGM LOCATION: St.Pierre Center, 1212 Panet Street, Montreal, H2L 2Y7, Room Marcel-Pepin, (514) 524-3561 – Near Beaudry metro station, FREE parking available at St.Pierre Center.

For payment by credit card, please visit our website at <a href="www.anrfmontreal.ca">www.anrfmontreal.ca</a>, click on the "Events Registration", select Annual General Meeting, April 8, 2025 and follow the instructions.

For payment by cheque, please fill in and return the reply-coupon below along with your cheque to: National Association of Federal Retirees, 1940 Henri-Bourassa Boulevard East, Suite 300, Montreal, QC H2B 1S1, no later than March 26, 2025

- Your attendance at the sessions of the Annual General Meeting is required to take part in the luncheon.
- We do not accept post-dated cheques
- No refund after March 26, 2025

## AGM IN VIRTUAL MODE IS "FREE" – REGISTRATION REQUIRED – VISIT OUR WEBSITE TO REGISTER VIA THE ZOOM LINK

For in-person participation, a Hot and Cold buffet will be served at the cost of \$30.00 (member and prospective member)

*FOR THOSE OF YOU WHO READ THE INVITATION IN OUR DECEMBER NEWSLETTER, YOU'LL NOTE THAT A CHANGE OF ADDRESS HAS BEEN MADE.
REPLY COUPON: AGM – TUESDAY, APRIL 8, 2025 at 10 a.m.
Name of member: Membership no.:
Name of spouse: He or She is a member? Yes No
Check included: 30\$ □ 1 member or 60\$ □ 2 members
non-member retiree: 30\$ ⊠
Please confirm your address:
Phone number: Email:
PLEASE NOTE THAT NO TABLE NUMBER WILL BE ASSIGNED

